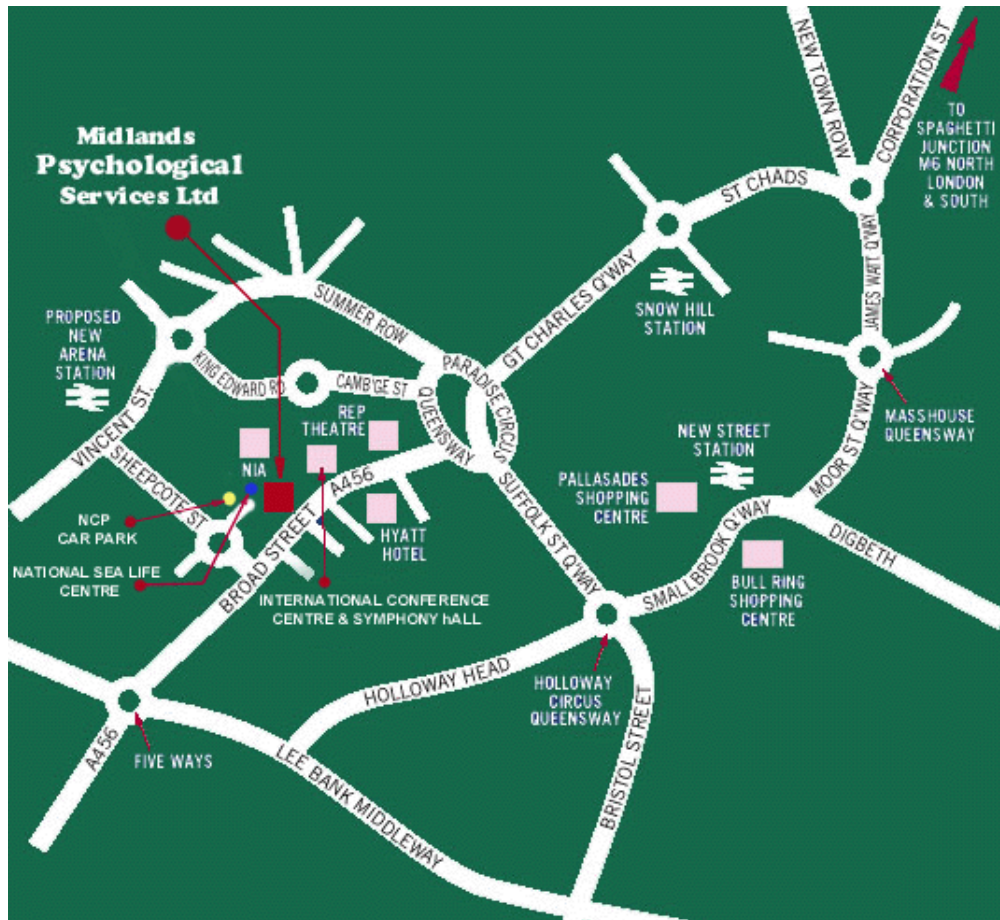


Directions to Midlands Psychological Services Ltd 3 Brindleyplace Office

2nd Floor, No 3 Brindleyplace
Birmingham
B1 2JB



Midlands Psychological Services is situated on the 2nd floor of Number 3 Brindleyplace in the serviced offices of Regus UK.

By Road:

From the M5

From the M5 Motorway exit at Junction 3.

Take the A456 towards Birmingham - The Quinton Expressway.

Continue into Hagley Road West/Hagley Road along the A456 until you reach Five Ways.

Go into the underpass at Five Ways and join BROAD STREET, still on the A456.
1st set of traffic lights turn left on to SHEEPCOTE STREET

At roundabout turn right, (3rd exit) into BRINDLEY PLACE
Park at NCP BRINDLEY PLACE

Walk to Ozzells Square.

The Regus Centre is on the 2nd Floor of the orange building opposite COSTA COFFEE BAR and next to the NATIONAL SEA LIFE CENTRE

From the M6

Heading towards Birmingham on the M6 Motorway, leave at Junction 6 - Spaghetti Junction.

Get onto the Aston Expressway (A38m) towards Birmingham City Centre.

Proceed over the flyover which takes you into St Chad's Queensway and go through the underpass. Keep in the right hand lane

As you leave the underpass turn off, DO NOT ENTER THE NEXT UNDERPASS. Continue through traffic lights to Paradise Queensway.

Take 2nd exit, following signs to the ICC on to BROAD STREET

Carry straight up Broad Street, past the HYATT HOTEL (On your left) and SYMPHONY HALL (on your right) until you come to the 3rd set of traffic lights. (Lee Longlands on left, Travel Lodge on your right)

Turn right into Sheepcote Street.

At roundabout turn right (3rd Exit) into BRINDLEY PLACE

If travelling by car park at NCP BRINDLEY PLACE

Walk towards Ozzells Square

The Regus Centre is on the 2nd floor of the orange building opposite COSTA COFFEE BAR and next to the NATIONAL SEA LIFE CENTRE

There is plenty of parking available at the Brindley Place Car Park, on the left as you enter Ozzells Square and the National Indoor Arena which is further up on Sheepcote Street. There is also parking available on Sheepcote Street.

By Public Transport:

All trains stop at either New Street Station or Snow Hill Station. A taxi rank is directly outside New Street, if a cab is required.

To walk to the centre from New Street Station - (Approx. 10 minutes).

Exit the Station following signs for Victoria Square.

Turn left when you leave New Street and follow the signs for THE MAILBOX.

As you walk under a the dual carriageway, THE MAILBOX will be on your left, TURN RIGHT and walk up to Paradise Circus.

Turn left onto Broad Street and you will pass the HYATT HOTEL on your left, the ICC on your right, THE WALKABOUT on your left, EDWARDS on your right.

Before you pass THE BRASSHOUSE, turn right and carry on walking, you will pass PIZZA EXPRESS, BOOTS and CAFE ROUGE.

Regus BrindleyPlace is on the 2nd Floor of the orange building, next to CAFE ROUGE